



The Hillside Messenger

A Message from the Rector: The Sabbath Rest of God

Remember the Sabbath day, to keep it holy. Six days shalt thou labour, and do all thy work: But the seventh day is the Sabbath of the LORD thy God: in it thou shalt not do any work, thou, nor thy son, nor thy daughter, thy manservant, nor thy maidservant, nor thy cattle, nor the stranger that is within thy gates: For in six days the LORD made heaven and earth, the sea, and all that in them is, and rested the seventh day: wherefore the LORD blessed the Sabbath day, and hallowed it.

Exodus 20:8-11,
KJV

The Fourth Commandment is God's command to Israel to set aside the seventh day of each week to rest from all

work and to worship and honor Him. It was not intended simply to be a day of rest for the head of the household or for husband and wife while their children and servants still had to work. The intention was for everyone in every household, including aliens and cattle, to rest from their work. However, by the first century AD, the Pharisees

bath (*St. Mark 2:28*).

2. The Sabbath was made for man, not man for the Sabbath (*St. Mark 2:27*).
3. On the Sabbath one must save life rather than destroy it and do good rather than evil (*St. Mark 3:4*).



and scribes had developed a tradition of very many laws about what should not be done on the Sabbath day, so much so that the Lord had to lay down three broad moral principles for the Sabbath:

1. He Himself is Lord of the Sabbath

The principle that the Son of Man is Lord of the Sabbath means that He is the ultimate judge of what should and should not be done on the Sabbath. God created the Sabbath for man's benefit, not for any arbitrary reason— this is the es-

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The Sabbath Rest of God

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sence of the principle that the Sabbath was made for man. The fact that Jesus Himself performed miracles of healing on the Sabbath indicates that it certainly conforms to God's will to do good things to help, save, or heal people on the Sabbath.

For Christians, the day of Christ's Resurrection has superseded the Jewish Sabbath, replacing Saturday as a day of worship and rest. Though the day itself has changed, the priorities of worshipping God and resting hold just as true for Sunday as they are true for the Jewish people for the Sabbath. The secularization of society, though, has meant that for many people in the west today, recreation has taken the place of Sunday worship. However, if we neglect coming together for corporate worship with a congregation of Christians on a Sunday, we lose out on being refreshed, and, in a sense, being re-created by God. For good reason, then, the Canons of the Anglican Church in North America define one of the duties of the people of God in these terms:

With the help of God's grace, it shall be the duty of every member of the Church:

1. To worship God, the Father, and the

Son and the Holy Spirit, every Lord's Day in a Church unless reasonably prevented.

Title I,
Canon 10,
Section 2,
ACNA Constitution and Canons,
2019

If the corporate worship of all able-bodied Anglicans was such that they were always in church on a Sunday, there would hardly be a need for the above statement in the Canons. The fact is, even when many are not *reasonably prevented*, they are not in church every Sunday. In the days of the early Church, Christians would gather at dawn to begin their corporate worship. In the *Epistle to the Hebrews*, we find the only exhortation to be frequent in our gathering for corporate worship. It is interesting that we find this exhortation expressed in the context of holding fast to the faith and encouraging one another to show love and do good deeds:

Let us hold fast the profession of our faith without wavering; (for He is faithful that promised) and let us consider one another to provoke unto love and to good works: Not forsaking the assembling of ourselves

together, as the manner of some is; but exhorting one another: and so much the more, as ye see the day approaching.

Hebrews 10:23-25,
KJV

The habitual practice of regular Sunday worship shows evidence of an unwavering faith in the Lord and an awareness of how corporate worship is a means of edifying the faithful by encouraging them in their faith, love, and good deeds. Also, the nearer the day of Christ's Second Coming approaches, the more we should encourage one another in this wholesome practice of gathering for Sunday worship. When we come together for worship, we are being re-created by the Holy Spirit as we praise God; as we give Him thanks for the many blessings we have received, above all for the gift of salvation in our Lord Jesus Christ; as we listen to His word; as we commune with the Lord in the Blessed Sacrament; and as we intercede for Christians as well as for the world. Then there is fellowship. It is this aspect of our corporate life on Sundays that we can use to share our faith with one another, encourage one another, and make visitors feel welcome.

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The Sabbath Rest of God

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Through our worship, fellowship, prayer, and love, we all ought to reach the goal set forward in St. Paul's prayer for the Ephesians:

For this cause I bow my knees unto the Father of our Lord Jesus Christ, of whom the whole family in heaven and earth is named, that He would grant you, according to the riches of His glory, to be strengthened with might by His Spirit in the inner man; that Christ may dwell in your hearts by faith; that ye, being rooted and grounded in love, may be able to comprehend with all saints what is the breadth, and length, and depth, and height; and to know the love of Christ, which passeth knowledge, that ye might be filled with all the fullness of God.

Ephesians 3:14-19, KJV

Knowing the love of God and being filled with all the fullness of God are laudable goals for our praise, worship, prayer, and love in action. Keeping Sunday as the Sabbath does not mean just resting or engaging in

recreational activities. An indispensable element of keeping the Sabbath is resting in God, worshipping Him, and doing it together with one's fellow Christians. I was raised an Anglican and taught that Sunday worship was a necessary part of life, so much so that when I was no longer a child but an adult, I continued going to church every Sunday and serving as an acolyte, and in my university years as a lay reader. Why did I continue going? I continued to encounter the Lord in the liturgies of Holy Communion and Evening Prayer as well as in the fellowship of the saints meeting together for worship. But there was one other aspect of corporate church life that was beneficial when I was growing up. On some Sundays, after the morning service, my parents would take us to visit those church members who were sick and had not been at the service that day. I remember that these visits were a great blessing to them. This is an example of something good that one can do on a Sunday. Even giving a church member a telephone call or sending an email can be a blessing to them.

In obeying the Fourth Commandment, then, I would like us all to consider how we observe Sunday; what we do in it to honor the Lord; how we use the day to yield ourselves to the Holy

Spirit's work of re-creating, renewing, and refreshing us; and how we can use the day to bless and refresh our fellow Christians.

– *The Reverend
Chris Parrish*

***“If you turn back your foot
from [unnecessary travel on] the Sabbath,
from doing your own pleasure
on My holy day,
and call the Sabbath a [spiritual] delight,
and the holy day of the LORD honorable,
and honor it,
not going your own way
or engaging in your own pleasure
or speaking your own [idle] words,
then you will take pleasure in the LORD,
and I will make you
ride on the high places of the earth,
and I will feed you
with the [promised] heritage
of Jacob your father;
for the mouth of the LORD has spoken.”***

Isaiah 58:13-14

Our Chapel Family Prayer List

***This prayer list
was current
as of January 27th,
and the people
of St. Luke's
will pray
for each need
until
we are notified
that it has been met.
Please contact
Father Parrish
to add
or remove names.
Thank you!***

O God, the Creator and Preserver of all mankind, we humbly beseech Thee for all sorts and conditions of men; that Thou wouldest be pleased to make Thy ways known unto them, Thy saving health unto all nations.

More especially we pray for Thy holy Church universal; that it may be so guided and governed by Thy good Spirit, that all who profess and call themselves Christians may be led into the way of truth, and hold the faith in unity of spirit, in the bond of peace, and in righteousness of life. Finally, we commend to Thy fatherly goodness:

Archbishop Foley Beach;

Bishop Richard Lipka;

Canon Michael Penfield;

Father Chris Parrish;

Deacon Peter Vogel; and

Deacon Linda Bracken;

also all those who serve as Thy ministers in governing our nation and state, particularly:

President Joe Biden; and

Governor

Gavin Newsom;

as well as all those who are any ways afflicted, or distressed, in mind, body, or estate; especially those for whom our prayers are desired:

the soldiers, sailors, marines, airmen, coasties, guardians, police officers, firefighters, and pilots who protect us every day;

our persecuted Christian brothers and sisters throughout the world;

all refugees;

the people and leaders of Ukraine

in this time of war;

all those suffering displacement or difficulties

following recent storms;

Jim and Edna Davis;

Joya de Rossett;

Debbie;

Scott;

Brittany;

Tanya Theiler;

Mark Quinn;

Lisa;

Ben;

Marion;

Flo;

Max;

Dan and Kendra Pack;

the Stanko family;

Yoshihiko Ikegami;

Mary Frances Reeves;

Mrs. Kitt;

Jon Carter;

Frank Capone;

Rose Handwerker;

Ann and Frank MacVoy;

Bishop Ilgenfritz;

Moe Martinez;

Victoria Grace;

Christina;

John and Heidi Donnelly;

Father Mike Keppler;

Carl;

Patsy Zahrt; and

Judith Boreham;

that it may please Thee to comfort and relieve them, according to their several necessities; giving them patience under their sufferings, and a happy issue out of all their afflictions. And this we beg for Jesus Christ's sake. Amen.

Shabbat Shalom

**“So I will keep
Your law continually,
Forever and ever...**

**I shall delight in
Your commandments,
Which I love.”**

– Psalm 119:44, 47

A Prayer for Our Congregation

O GOD, Holy Ghost, Sanctifier of the faithful, visit, we pray Thee, the Congregation of St. Luke's Chapel in the Hills with Thy love and favour; enlighten our minds more and more with the light of the everlasting Gospel; graft in our hearts a love of the truth; increase in us true religion; nourish us with all goodness; and of Thy great mercy keep us in the same, O blessed Spirit, whom, with the Father and the Son together, we worship and glorify as one God, world without end. Amen.

For Rain

O GOD, heavenly Father, Who by Thy Son Jesus Christ hast promised to all those who seek Thy kingdom, and the righteousness thereof, all things necessary to their bodily sustenance; send us, we beseech Thee, in this our necessity, such moderate rain and showers, that we may receive the fruits of the earth to our comfort, and to Thy honour; through Jesus Christ our Lord. Amen.

Parish Postings

The Annual Parish Meeting will take place on Sunday, February 19th, following Holy Communion at 10:00 AM. Please make every effort to attend this meeting. We will hear reports, review the budget, and elect Vestry members. As the 19th is Quinquagesima, we will also have our Pancake Brunch during the meeting (there is a sign-up sheet in McNeely Hall for donations to the Pancake Brunch). Thank you!

save the date

Father Parrish will celebrate Holy Communion on Ash Wednesday, February 22nd, at 7:00 PM. The service will include a Penitential Rite with Imposition of Ashes.



Martha's List of Parish Ministries asks that every member of the Chapel Family prayerfully consider how God wishes them to serve this year.

If you have served as a ministerial chairperson in the past year, please update your ministerial folders (in the boxes labeled *Martha's List of Parish Ministries* which are

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Parish Postings

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under the card table in McNeely Hall). Remember that Martha only asks chairpersons to serve from one Annual Parish Meeting to the next (although any chairperson who wishes to continue serving in that role is welcome to do so!), so keeping these ministerial folders up-to-date is crucial for making transitions between leaders easier.

Perhaps you have not yet joined one of St. Luke's Chapel in the Hills' ministries. If so, please ask God how He would like for you to serve Him, His Church, and those in our community who do not yet know Him. Chances are that one of our current Parish Ministries will align with His answer, but if not please speak to Father Parrish about instituting a new ministry.

If you have any questions, please speak to Father Parrish, Julia McNeely, or Kim Vogel. Thank you!



Amazon. has announced that its charitable giving arm, Amazon Smile, is changing focus as of February 20, 2023. Where customers could formerly assign charitable rebates associated with their orders to organizations of their choosing, Amazon does not feel that sending many small checks to a multitude of groups is having the big impact they had hoped. After the 20th, funds raised through Amazon Smile will support charities of Amazon's choosing. This is sad news for St. Luke's Chapel in the Hills. Purchases made by those who signed up to help the Chapel through shopping at Smile.Amazon.com did result in some money to help us in our work.

All is not lost, however! There is still a way your online activities can benefit St. Luke's. iGive is a free service to causes and members. Since 1997, iGive has grown to 350,000+ members supporting 150,000+ causes and raised over \$10 million.

iGive members generate donations by shopping online at any of iGive's 2,000+ participating stores. Each participating store determines what percentage of your purchase will be rebated to your iGive account. iGive keeps track of the rebates and sends a monthly check to your cause. There are no added costs or obligations, nor are there any hidden fees. You don't need to enter any codes or notify the store or iGive. It's all automatic. To earn rebates for your cause using iGive:

- Shop by clicking on a store link directly from iGive.com or iGive.com/mobile sites. (You must be logged in.)
- Install the iGive Button and shop online as you normally would (without logging in).
- Shop via the iGive App for iPhone, iPad, or Android (visit the App Store and search *iGive*— the app is free).
- Even if you don't shop online, you can still donate to the cause of your choice by installing the iGive Button and using the New Tab feature to search via Google. One search earns ten cents for your cause per day.

To get started, visit iGive.com and create an account. During this process, you will be asked to name the cause you wish to support. We hope you'll choose to support *St. Luke's Chapel in the Hills Anglican Church*. Thank you!

Upcoming Events

Friday, February 3rd

Telephone Prayer Meeting
10:00 AM

Sunday, February 5th
Septuagesima

Holy Communion with Holy Unction
in the Chapel and via Zoom
10:00 AM

Friday, February 10th

Telephone Prayer Meeting
10:00 AM

Sunday, February 12th
Sexagesima

Office of Morning Prayer
in the Chapel and via Zoom
10:00 AM

Friday, February 17th

Telephone Prayer Meeting
10:00 AM

Sunday, February 19th
Quinquagesima

Holy Communion
in the Chapel and via Zoom
10:00 AM

*Annual Parish Meeting
and Pancake Brunch*
following the worship service

Wednesday, February 22nd

Ash Wednesday
*Holy Communion
with Penitential Rite
and Imposition of Ashes*
in the Chapel and via Zoom
7:00 PM

Friday, February 24th

Telephone Prayer Meeting
10:00 AM

Sunday, February 26th
The First Sunday in Lent

Office of Morning Prayer
in the Chapel and via Zoom
10:00 AM

Friday, March 3rd

Telephone Prayer Meeting
10:00 AM

Sunday, March 5th

The Second Sunday in Lent
Holy Communion with Holy Unction
in the Chapel and via Zoom
10:00 AM





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A PUBLICATION OF
ST. LUKE'S CHAPEL IN THE HILLS
ANGLICAN CHURCH

A PARISH OF
THE CONVOCATION OF THE WEST,
PART OF THE
MISSIONARY DIOCESE OF
ALL SAINTS IN
THE ANGLICAN CHURCH
IN NORTH AMERICA

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Worship Schedule

St.

Luke's Chapel in the Hills is a traditional Anglican parish which uses the 1928 edition *Book of Common Prayer*. We invite you to join us for worship and fellowship soon!

***"A place
where the Bible is taught."***



*Biblical in teaching.
Liturgical in worship.
Loving in practice.*

First, third, and fifth Sundays of each month

Holy Communion
(with Healing Service on First Sundays)
10:00 AM

Second and fourth Sundays each month

Office of Daily Morning Prayer
10:00 AM

Please note that Holy Communion will be celebrated on Feast Days occurring on second and fourth Sundays.

If you cannot join us physically in the Chapel,
please contact Father Parrish
to be added to each service's Zoom invitation.