



VOLUME 18,
ISSUE 3

MARCH 2022

The Hillside Messenger

A Message from the Rector: Peace and Prayer

As I pen this article, Russia is invading Ukraine, recreating the horrors of previous wars in Europe. Many Ukrainian citizens are fleeing their homes for safety, finding shelter underground or becoming refugees in bordering countries. As we enter into Lent, let us remember the people of Ukraine in our intercessions. Let us pray not only for an end to Russia's aggression and to this war, which has already claimed so many lives, but also for peace among all the nations of Europe and, indeed, in all nations of the world. We should also pray for the United States of America in its role in NATO and for wisdom for our President and Congress in all things. This intercession for our nation and for the nations of the world accords well with St. Paul's exhortation in *1 St. Timothy 2*:

I exhort therefore, that, first of all, supplications, prayers, interces-

sions, and giving of thanks, be made for all men; for kings, and for all that are in authority; that we may lead a quiet

truth. For there is one God, and one mediator between God and men, the man Christ Jesus; Who gave Himself a ransom for



and peaceable life in all godliness and honesty. For this is good and acceptable in the sight of God our Saviour; Who will have all men to be saved, and to come unto the knowledge of the

all, to be testified in due time.

1 St. Timothy 2:1-6, KJV

St. Paul wrote this epistle probably in the early part of the sixth decade AD, during the *Pax Romana* (Roman

(Continues on page 2)

Inside this Issue:

An Appeal for Ukraine Relief	3
Our Chapel Family Prayer List	5
A Prayer for Our Congregation	6
In Times of Great Sickness and Mortality	6
For Rain	6
Parish Postings	8
Upcoming Events	9

Peace and Prayer

(Continued from page 1)
Peace), which was a golden age of peace and prosperity in the Roman Empire from 27 BC to AD 180 (from the reign of Augustus Caesar until Marcus Aurelius). St. Paul did not take the Roman Peace for granted but believed that the prayers and intercessions of Christians were necessary for this peace to continue and last long. In the passage above, St. Paul appeals to all Christians to pray, intercede, and give thanks to God for all people, including kings and all who are in authority, so that we may all live a peaceful, quiet, godly, and honest life. By contrast, war and civil unrest bring terror and uncertainty, which in turn cause temptations to crime and dishonesty to abound all the more. The peace of one's nation and of the world are conducive to peaceful, quiet, godly, and honest life, as well as to the effective proclamation of the Gospel and the resulting salvation of many. St. Paul adds that it is the will of God for all people to be saved and to come to the knowledge of the truth through Jesus Christ, the only mediator between God and man, who gave Himself to be a ransom for all.

If some argue that the peace of a nation and of the world does not necessarily cause many people to come to faith in the Lord Jesus Christ and to salvation, then we must reply that if we do not observe the coming to faith of many, we must pray and intercede with more frequency, perseverance, and intensity. Let us remember that in the Middle Ages, kings and no-

tunity for all of us to engage in corporate prayer and worship, intercession, and petition for the Church, our nation, and the world. This is just the beginning of the week! Our prayer and service continue daily, as we offer ourselves continually to God as "a living sacrifice" (**Romans 12:1**, KJV). Praying the Daily Offices of Morning and Evening Prayer from the

Book of Common Prayer is a great way to engage in effective daily worship, prayer, thanksgiving, and intercession (this can also be done using the Forms of Prayer to be used in Families beginning on page 587 of the same). This practice accustoms one to a daily habit of prayer. Morning and Evening Prayer expose us also to the Daily Lectionary of the Prayer Book. As we read the passages of the Bible appointed for each day of the

***Be careful for nothing;
but in every thing
by prayer and supplication
with thanksgiving
let your requests
be made known unto God.
And the peace of God,
which passeth all understanding,
shall keep your hearts and minds
through Christ Jesus.***

Philippians 4:6-7

bles gave large donations and endowments to monasteries in the belief that the monks' constant and persevering prayer and intercession offered in all their daily offices and masses were necessary for their own welfare and the welfare, success, and prosperity of their nations and communities.

Now our Sunday services provide the oppor-

Church Year, we find ourselves learning how to pray according to God's revealed will, and that makes our prayers so much more effective. If we think of religious brothers and sisters praying in monasteries and convents, they have set times and forms of prayer, but they are also encouraged to offer their
(Continues on page 3)

Peace and Prayer

(Continued from page 2)
own silent prayers spontaneously to God at any convenient time and to practice the presence of God. The genius of Archbishop Thomas Cranmer was to simplify the monastic daily offices and make them easy for everyone, clerical or lay, to use daily. The effect of this is to make ordered, structured offices of daily prayer accessible to all and easy to use. Prayer is not confined to the prayers and forms in the Prayer Book, but the Prayer Book, if used properly, feeds the prayer life of

the believer. It opens the Bible to him much more than a casual, occasional reading of Scripture does. The Prayer Book is an inspiration to an ordered daily habit of prayer, and it assists us in even our spontaneous prayers.

If we are to become effective in praying for the peace of the world, we cannot be content with a half-hearted or lax approach to prayer. Benedictine monastic communities transformed the world, but not without prayer. The Benedictine maxim *ora et labora* (pray and work) empha-

sizes the partnership of prayer and work in a godly way of life. As we begin Lent this year, let us use this season to engage more fully in the discipline of prayer and intercession for our nation, for our leaders, and for the peace of the world, realizing that our call as Christians includes God's call to effective daily prayer.

— *The Reverend Christopher Parrish*

An Appeal for Ukraine Relief

Sisters and Brothers in Christ,

Lenten Greetings in the Name of Christ Jesus! As we begin our Lenten pilgrimage, let us not ignore the humanitarian catastrophe unfolding before our eyes in Europe. Our hearts are breaking at the scenes of Ukrainians under attack from Russian forces with bombs landing in neighborhoods, schools, and playgrounds. Many of us have family and friends living and working in Ukraine or serving with the local church.

As the crisis intensifies and Ukrainians fight for their lives, more and more Ukrainians are be-

ing displaced and made homeless. Others will be without basic necessities like water, shelter, and food as basic infrastructure is destroyed. The Anglican Relief and Development Fund (ARDF) has mounted a campaign to raise funds to help. We are currently partnering with those inside Ukraine and those working in bordering countries being overwhelmed with refugees.

Are you able to help? ARDF has received a \$100,000 challenge gift to match dollar for dollar the first \$100,000 received. This means your personal gift can be doubled. **Please consider helping today by visiting**

<https://ardf.org/>

relief-ukraine-2022

Beyond giving financially to these efforts, your prayers are vital. Prayer really does make a difference! Pray for the Ukrainian people and their leaders, the Russian people and their leaders, the numerous Christian leaders and missionaries in the country, and for the hundreds of thousands of refugees. Ask God to intervene.

Please join us in praying these Collects from *The Book of Common Prayer 2019*:

O God, our heavenly Father, Whose blessed Son has taught us to seek our daily

(Continues on page 4)

An Appeal for Ukraine Relief

(Continued from page 3)

bread from You:
Behold the affliction of Your people in Ukraine
and send them
swift aid in their
time of need. Increase the fruits
of the earth by
Your heavenly
benediction; and
grant that receiving Your gifts
with thankful
hearts, they may
use them to Your
glory, for the relief of those in
need, and for
their own health;
through Jesus
Christ our Lord.

Amen.

Adapted from
*A Collect in Time
of Scarcity and
Famine*,
page 653

Almighty God,
from Whom all
thoughts of truth
and peace proceed: Kindle, we
pray, in the hearts
of all people the
true love of peace,
and guide with
Your pure and
peaceable wisdom
those who take
counsel for the
nations of the
earth; that in tranquility Your king-

dom may go forward,
till the earth is filled
with the knowledge of
Your love;
through Jesus
Christ our Lord.
Amen.

*Collect for the
Peace of the
World*,
page 654

Yours in Christ,
The Most Rev. Dr.
Foley Beach
*Archbishop and Primate,
Anglican Church
in North America*



Our Chapel Family Prayer List

O God, the Creator and Preserver of all mankind, we humbly beseech Thee for all sorts and conditions of men; that Thou wouldest be pleased to make Thy ways known unto them, Thy saving health unto all nations. More especially we pray for Thy holy Church universal; that it may be so guided and governed by Thy good Spirit, that all who profess and call themselves Christians may be led into the way of truth, and hold the faith in unity of spirit, in the bond of peace, and in righteousness of life. Finally, we commend to Thy fatherly goodness:

Archbishop Foley Beach;

Bishop Richard Lipka;

Canon Michael Penfield;

Father Chris Parrish;

Deacon Peter Vogel; and

Deacon Linda Bracken;

also all those who serve as Thy ministers in governing our nation and state, particularly:

President Joe Biden; and

Governor

Gavin Newsom;

as well as all those who are any ways afflicted, or distressed, in mind, body, or estate; especially those for whom our prayers are desired:

the soldiers, sailors, marines, airmen, coasties, guardians, police officers, firefighters, and pilots who protect us every day;

our persecuted Christian brothers and sisters throughout the world;

all refugees;

the people and leaders of Ukraine in this time of war and invasion by Russia;

all who are suffering from the coronavirus, all medical personnel treating them, and all those who work with the public;

Jim and Edna Davis;

Joya de Rossett;

Debbie;

Scott;

Brittany;

Tanya Theiler;

Brian Quinn;

Mark Quinn;

Lisa;

Ben;

Marion;

Flo;

Max;

Dan and Kendra Pack;

the Stanko family;

Yoshihiko and Hideko Ikegami;

Ali Hemphill;

Lori Hemphill;

Pennel Magaw;

Tracy Magaw;

Mary Frances Reeves;

Mrs. Kitt;

Jon Carter;

Marilyn;

Frank Capone;

Rose Handwerker;

Ann and Frank MacVoy;

Bishop Ilgenfritz;

Dave Shuman;

Moe Martinez;

Victoria Grace;

Sharon Veach;

Theo Frensch;

Diane Ahlport;

Katy Stone and Family;

Bill Zahrt;

Christina;

Father Thomas and Lora Vece;

Haley and Gabriella;

John and Heidi Donnelly; and

Tim Slattery;

and for the repose of the soul of Maria Fernandez;

that it may please Thee to comfort and relieve them, according to their several necessities; giving them patience under their sufferings, and a happy issue out of all their afflictions. And this we beg for Jesus Christ's sake. Amen.

Please note: This prayer list was current as of March 6th, and the people of St. Luke's will pray for each need until we are notified that it has been met. Please contact Father Parrish to add or remove names. Thank you!



A Prayer for Our Congregation

O GOD,
Holy Ghost,
Sanctifier of the faithful,
visit, we pray Thee,
the Congregation of St. Luke's Chapel in the Hills
with Thy love and favour;
enlighten our minds more and more
with the light of the everlasting Gospel;
graft in our hearts a love of the truth;
increase in us true religion;
nourish us with all goodness;
and of Thy great mercy keep us in the same,
O blessed Spirit,
Whom, with the Father and the Son together,
we worship and glorify as one God,
world without end.
Amen.

In Times of Great Sickness and Mortality

O MOST mighty and merciful God,
in this time of grievous sickness,
we flee unto Thee for succour.
Deliver us, we beseech Thee, from our peril;
give strength and skill to all those who minister to the sick;
prosper the means made use of for their cure;
and grant that, perceiving how frail and uncertain our life is,
we may apply our hearts
unto that heavenly wisdom which leadeth to eternal life;
through Jesus Christ our Lord.
Amen.

For Rain

O GOD, heavenly Father,
Who by Thy Son Jesus Christ
hast promised to all those who seek Thy kingdom,
and the righteousness thereof,
all things necessary to their bodily sustenance;
send us, we beseech Thee, in this our necessity,
such moderate rain and showers,
that we may receive the fruits of the earth
to our comfort, and to Thy honour;
through Jesus Christ our Lord.
Amen.

With God
ALL
THINGS
ARE
Possible
• MATTHEW 19:26 •

Parish Postings

Thanks be to God, the Omicron surge is ebbing and Covid restrictions are easing. We are still strongly encouraged to wear masks indoors and practice social distancing, but weekly fellowship after Sunday worship services has resumed.

A sign-up sheet is available in McNeely Hall so that those who would like to bring light refreshments may select a Sunday convenient for them.



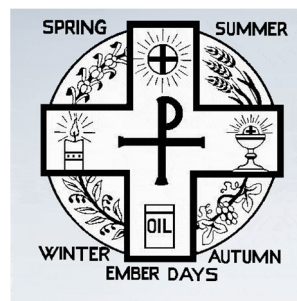
Lent begins on Wednesday, March 2nd. Father Parrish will celebrate Holy Communion with a Penitential Office and Imposition of Ashes at 7:00 PM.



Ember Days are quarterly periods (Latin: *quatuor tempora*) of prayer and fasting in the [liturgical calendar](#) of Western Christian churches. The term *Ember Days* refers to three days set apart for fasting, abstinence, and

prayer during each of the four seasons of the year. The purpose of their introduction was to thank God for the gifts of nature, to teach men to make use of them in moderation, and to assist the needy. This quarter's Ember Days occur on **Wednesday, March 9th; Friday, March 11th; and Saturday, March 13th.** Suggested observations include:

- # Thanking God for the gifts of nature.
- # Prayer and fasting for the conversion of the unsaved.
- # Prayer for clergy and for vocations thereto.
- # Asking God to do great things in the new season.
- # Prayer and fasting for the forgiveness of your sins and for your own growth in Christ-likeness.



Elizabeth "Libby" Codd, one of our beloved organists, will be memorialized with a Celebration of Life on **Saturday, March 12th.** It will begin at 3:00 PM at First Unitarian Church.

First Unitarian Church
of San José

160 North Third Street



Thank you to everyone who joined us at our Annual Parish Meeting in February. Thanks also to our Vestry for their continuing ministry to the Lord and to the Parish of St. Luke's Chapel in the Hills. The Vestry for the next year is:

Ray Boreham,
Senior Warden

Clark Patteson,
Junior Warden

Jana Baldwin,
Secretary

Father Parrish,
Clerk

Elodia Fernandez,
Treasurer

Deacon Vogel,
Bookkeeper

Julia McNeely

Patsy Zahrt

Bill Zahrt

The Vestry will meet on **Sunday, March 20th**, following the worship service.

VESTRY

Upcoming Events

Wednesday, March 2nd

Ash Wednesday

Holy Communion

with a Penitential Office and Imposition of Ashes
in the Chapel and via Zoom

7:00 PM

Sunday, March 6th

The First Sunday in Lent

Holy Communion with Holy Unction
in the Chapel and via Zoom

10:00 AM

Wednesday, March 9th

Ember Day

Friday, March 11th

Ember Day

Saturday, March 12th

Ember Day

Sunday, March 13th

The Second Sunday in Lent

Daylight Savings begins
(set your clocks ahead one hour)

2:00 AM

Office of Morning Prayer
in the Chapel and via Zoom
10:00 AM

Sunday, March 20th

The Third Sunday in Lent

Holy Communion
in the Chapel and via Zoom
10:00 AM

Vestry Meeting
11:30 AM

Sunday, March 27th

The Fourth Sunday in Lent

Office of Morning Prayer
in the Chapel and via Zoom
10:00 AM

Sunday, April 3rd

Passion Sunday

Holy Communion with Holy Unction
in the Chapel and via Zoom
10:00 AM



*Help me grow,
not in inches or feet,
not in height or width.
Lord,
be with me
as I pray my way
to spiritual growth.
Amen.*

*D*ear Readers,

If you are seeking more content in this newsletter, know that you are not alone! Your editor lives in hope of articles, photos, and news items for this publication—please, don't let her hope in vain.

Your sister in Christ,
Kim Vogel



The Hillside Messenger

A PUBLICATION OF
ST. LUKE'S CHAPEL IN THE HILLS
ANGLICAN CHURCH

A PARISH OF
THE CONVOCATION OF THE WEST,
PART OF THE
MISSIONARY DIOCESE OF
ALL SAINTS IN
THE ANGLICAN CHURCH
IN NORTH AMERICA

26140 Duval Way
Los Altos Hills, California
94022-4413

Office phone:
650-941-6524

Rector's cellular:
669-946-2645

E-mail:
ChristopherParrish7@gmail.com

Website:
www.StLukesChapel.church

«AddressBlock»

Worship Schedule

St.

Luke's Chapel in the Hills is a traditional Anglican parish which uses the 1928 edition *Book of Common Prayer*. We invite you to join us for worship and fellowship soon!

*“A place
where the Bible is taught.”*

_# _# _

*Biblical in teaching.
Liturgical in worship.
Loving in practice.*

First, third, and fifth Sundays of each month

Holy Communion
(with Healing Service on First Sundays)
10:00 AM

Second and fourth Sundays each month

Office of Daily Morning Prayer
10:00 AM

Please note that Holy Communion will be celebrated on Feast Days occurring on second and fourth Sundays.

If you cannot join us physically in the Chapel,
please contact Father Parrish
to be added to each service's Zoom invitation.